

INVITATION to the 2. OstseeMan113 Glücksburg**Event:****OSTSEEMAN Triathlon Glücksburg****Organizer:****OstseeMan-Sportpromotion UG (limited liability),****Holkier 9, D-24960 Glücksburg (Baltic Sea)****Approved event of the DTU (German Triathlon Union) and SHTU (Schleswig-Holstein Triathlon Union)****Host:****OstseeMan-Sportpromotion UG (limited liability),****City of Glücksburg****Organization:****OstseeMan-Sportpromotion UG (limited liability)****Reinhard Husen, Torsten Husen, Timo Petersen, Martin Müller, Leon Schönknecht****Race Director:****OstseeMan-Sportpromotion UG (limited liability)****Reinhard Husen, Torsten Husen, Manfred Jensen, Gerhard Schlaber, Dierk Naumann, Broder Hansen, Timo Petersen, Martin Mueller, Leon Schönknecht****Registration office:****Torsten Husen, Timo Petersen****Moderators:****Andy Kauffmann (The Voice), Maike Jäger (NDR)****Bernhard Vogel, Ludwig Kiefer, Peter Poppe****Competition Jury:****Chief Operations Officer and Judge of the SHTU****Competition Rules:**

Except for special cases, the event is based mainly on the competition rules of the German Triathlon Union (sports regulations, organizers regulations, Bundesliga rules, anti-doping code, judges' regulations), as well as the legal and procedural regulations and the disciplinary regulations. By registering, the participant accepts the competition requirements, the legal and procedural regulations, the disciplinary regulations and the general terms and conditions. Each participant is responsible for the technical safety of his equipment and has to make sure that it complies with the rules. Special arrangements will be announced at the race briefing.

General information:

The following conditions of participation regulate the legal relations between the participants and the organizer of the event OstseeMan Triathlon Glücksburg. Responsible organizer of the event is the organizing team of OstseeMan-Sportpromotion UG (limited liability). For the business relationship between the OstseeMan Sportpromotion UG (hereinafter the organizer) and the participant, only the following conditions of participation and the general terms and conditions apply in the version valid at the time of registration or in its current version, if this is more advantageous for the participant. The organizer does not recognize deviating conditions, unless the organizer has expressly agreed to their validity in writing.

Distances:

Individual and relay competition: swimming 1.9 km; Bike 90 km; Running 21.1 km

Date:

04th August 2019

Water Rescue:

DLRG local group Glücksburg, direction Martin Saß

Medical service:

- **Johanniter accident assistance e.V. service Schleswig**
- **DRC Sanitätsbereitschaft Glücksburg Sterup**

Technical service and support services:

Glücksburg police station, Glücksburg police, THW Sörup, volunteer fire brigades Glücksburg, Ringsberg, Rude, Bockholm, volunteer fire brigades in Langballig, volunteer fire departments Flensburg-Engelsby, Tarup and Flensburg-Jürgensby, Flensburg reservist comradeship, Seebataillon Eckernförde, Glücksburg / Wees HBM, Massage - THE SCHOOL for jobs with a future

Timing:

Mika timing GmbH, Kürtener Straße 11b, 51465 Bergisch Gladbach. A timing chip (ChampionChip) of the company Mika timing GmbH is used to record the times. It must be worn according to the organizer's instructions to ensure a correct timekeeping. Other transponder systems cannot be considered. In case of failing to return or loss of a borrowed timing chip a fee of 50, - EURO will be charged.

Participation:

A participation is only possible for holders of:

- a) a triathlon license of his national triathlon federation or**
- b) a one-day license.**

A one-day license can be purchased for 30,- EURO when registering for the event.
Individual starters are eligible to start at the age of 18 on the day of the competition.
The minimum age for participation in the relay competition is 14 years for swimming; 18 years for Cycling and 18 years for running.
Relay entries do not require triathlon licenses or one-day licenses.

Registration individual competition:

- a) Online on the Internet at www.ostseeman.de or
- b) on official registration form by downloading from www.ostseeman.de.

a) Online applications:

For online registrations, the exemption from liability is given electronically on the website. The entry fee will be withdrawn by direct debit authorization by the service provider Mika timing GmbH. A contract with the organizer will only be made if the starting fee is credited to the account of the organizer and the name of the participant appears on the start list. The start list can be viewed on www.ostseeman.de.

A transfer of the race entry or an exchange of race entries is generally forbidden. If a transfer or a change of the race entry is necessary, it is only possible in agreement with the organizer.

b) Official registration form:

Registrations via the official registration form are only valid with a signed indemnity and simultaneous transfer of the entry fee or the granting of a direct debit authorization or with a non-negotiable check included.

Registrations relay competition:

- a) Online on the internet at www.ostseeman.de or
- b) With official registration form by downloading it from www.ostseeman.de.

a) Online applications:

When using the Online application system as a relay, the signatures of all three participants on the disclaimer / exemption from liability are required. The signature form for relay teams can be downloaded from www.ostseeman.de and must be completed and sent in triplicate to Mika timing GmbH. The signatures must be handed in within 14 days. The entry fee will be withdrawn by direct debit authorization by the service provider Mika timing GmbH. A contract with the organizer will only be made if the starting fee is credited to the account of the organizer and the name of the relay or participants appears on the start list. The start list can be viewed on www.ostseeman.de.

A transfer of the race entry or an exchange of race entries is generally forbidden. If a transfer or a change of the race entry is necessary, it is only possible in agreement with the organizer.

b) Official registration form:

Registrations via the official registration form are only valid with a signed indemnity of all relay participants and simultaneous transfer of the entry fee or the granting of a direct debit authorization or with a non-negotiable check included.

Address:

Mika timing GmbH
Eventservice OstseeMan
Kürtener Str. 11b
51465 Bergisch Gladbach
eventservice@mikatiming.de

Disclaimer

The leader of the relay team agrees to send the liability disclaimer signed by all relay participants to mika: timing by post within the next 14 days after registration. If after 14 days no signed disclaimer has been sent, the starting place will be forfeited.

If failing to submit the liability disclaimer the application will not be accepted. If relay participants are under age on the day of the competition and thus are not fully legally competent, then the signature of the parent or guardian on the liability disclaimer is also required.

Bank details:

Nord-Ostsee Sparkasse
Account No .: 22 079 875
Bank code: 217 500 00
BIC / SWIFT code: NOLADE21NOS
IBAN: DE90 2175 0000 0022 0798 75

Please attach a photocopy of the transfer receipt to the registration form. If paid by a third party, the name of the participant or the relay team must be stated on the receipt.

Methods of payment: It can be paid by bank transfer, direct debit or credit card (Visa / Mastercard).

Each participant, each relay team must personally pick up the starting documents and be in possession of a valid license, which must be presented at the registration office or other controls by the organization together with an identity card / passport. Otherwise, a day license must be purchased. Relay participants do not need a license.

The registration of an athlete or a relay team can be rejected or a start ban can be issued if an athlete or a relay team bothers the event, interferes already before the beginning of the event, violates competition rules or due to the behavior is foreseeable that he cause such interference. The organizer also has the right at any time to refuse participation due to an

ongoing doping procedure or a final ban. Furthermore, any violation of the Competition Rules will result in disqualification of the participant. Participants who are disqualified for obvious fraud will not be allowed to attend for the next two years.

Confirmation of registration:

Each participant will be confirmed by e-mail (subject to acceptance or rejection). More information will follow at the end of June 2019.

Deadline:

04. July 2019 (late registration is not possible)

Important: As soon as the limit of registrations is reached, the registration will be closed.

Entry fee OstseeMan113 Glücksburg:

- Individual entries 150, - EURO early bird, per participant until 20.08.2018
- Individual entries 160, - EURO per participant until 24.12.2018
- Individual entries 170, - EURO per participant from 25.12.2018

- Relay entries 170, - EURO per relay team until 24.12.2018
- Relay entries 190, - EURO per relay team from 25.12.2018

The registration fee includes € 1 per participant for the anti-doping levy.

Additional costs:

a) One-day license 30, - EURO.

b) Entry fee insurance 8% of the corresponding entry fee (only possible for individual registrations)

The entry fee insurance is an entry-fee-guarantee via FINISHERSCHUTZ, in case the participant cannot start due to illness or injury. This service is a voluntary option that can be booked in addition to the registration.

c) Pasta Party Ticket for guests 12, - EURO.

(includes pasta, salad, water, beer, cake, Steinmeier fruit juices).

For every registration, participants in the individual competition can purchase a maximum of two additional and participants in the relay competition purchase a maximum of three additional pasta party tickets.

d) Changes: for changes to the registration after the registration deadline (4 July 2019) , there will be an administrative charge of 20,- EURO for each transaction.

All prices include VAT, licensing and association fees. Bank charges are charged to the participant. Checks of foreign participants must be related to a German bank. Bank transfer only in EURO.

The services such as athlete gift, pasta party, registration, timekeeping and extensive catering during and after the competition, massage, barricades, finisher shirt, medal, medical assistance, security service, online certificate, online result lists, etc. are included in the registration fee.

The first 3 men and women of the overall ranking Ostseeman113 Glücksburg 2018 are exempt from the entry fee.

Cancellation policy:

Until 6th May 2019 the participants have the right of withdrawal, whereby the paid registration fee will be refunded after deduction of an administration fee of 60,- EURO. Foreign participants are requested to indicate the IBAN and BIC / SWIFT number of their bank account when withdrawing. After 6 May 2019 no refund will be made. It is not possible to move the entry to the following year. A name change is possible only until 4.7.2019 directly via Mika timing.

If a change from the long distance to the middle distance takes place before the registration deadline (4.7.2019), the athlete gets the difference of the current entry fees back.

If a change takes place after the registration deadline (4.7.2019) from the long distance to the middle distance, the athlete does not get any money back.

In both cases the athlete will be charged 20 EURO administration fee.

Regardless of the registration deadline, an entry change can only be made if the OM113 Glücksburg is not fully booked.

If the organizer has to make changes to the performance of the event due to force majeure, due to official orders or for other safety reasons, or if the event is canceled altogether, there is no obligation for the organizer to pay damages to the participant.

Notifications, changes or cancellations are carried out exclusively by Mika timing GmbH, Eventservice-OstseeMan.

Age groups individual competition:

Individual competitors according to DTU; Minimum age 18 years, from year 2000.

TM / TW 18 18-19 years

TM / TW 20 20-24 years - TM / TW 50 50-54 years

TM / TW 25 25-29 years - TM / TW 55 55-59 years

TM / TW 30 30-34 years - TM / TW 60 60-64 years

TM / TW 35 35-39 years - TM / TW 65 65-69 years

TM / TW 40 40-44 years - TM / TW 70 70-74 years

TM / TW 45 45-49 years - TM / TW 75 and above

There is no age group ranking for the relay competition.

Relay ranking:

Each relay consists of a swimmer, a cyclist and a runner. Two disciplines can also be completed by one participant. There are rankings for women, men and mixed relays.

Prize money individual competition OstseeMan113 Glücksburg:

The first three men and women receive a prize money of each 500,- EURO / 400,- EURO / 300,- EURO.

Each participant who completes the competition within the total time of 8 hours, receives the official OstseeMan finisher shirt and a medal. The places 1 to 3 in the age groups men and women receive in addition a trophy. The first 3 men and women of the general classification are excluded from the age group ranking.

Certificates and result lists will be posted on the internet at www.ostseeman.de and can be downloaded and printed out.

Event schedule

Pick up race pack:

Friday, 02. August 2019 between 12pm- 7pm

Saturday, 03. August 2019 between 10am – 6pm

Pick up in the registration tent in the area of the Sport Expo near the relay transition zone.

Sport Expo at the event venue:

Friday, 02. August 2019 from 12pm – 7pm

Saturday, 03. August 2019 from 10am to 6pm

Sunday, 04. August 2019 between 10am – 6pm in the start / finish area

Welcome:

Friday, 02. August 2019, 5pm

Reception of athletes and guests at the boat hall of the Hanseatic Yachting School

Pasta Party:

Friday, 02. August 2019 in the boat hall of the Hanseatic Yachting School from 6 pm to 8 pm.

Race briefing:

Saturday, 03. August 2019 from 12pm – 1pm in the boat hall of the Hanseatic Yachting School

Drop off bike and run bag:

Saturday, 03. August 2019 from 1.30pm - 6.00pm in the transition zone in the park

Award ceremony:

Sunday, August 04 2019 additional information will follow

Competition OM113 Glücksburg:**Swim course:**

Mass start (Beachstart) in front of the promenade in Glücksburg. You have to swim one laps in a clockwise direction on a beachside TRI11 rectangle course. The swim is in the open sea.

Bike course:

Fast, slightly hilly Specialized-Bike course, which leads along the water through the attractive countryside of Angeln and Glücksburg. The course consists of three loops which makes it very spectator friendly and exciting for both athletes and spectators.

The change from bike to running takes place in the same transition zone as after swimming.

Run course:

The Zippels-Run course follows the water the first 2 km along the promenade to the center of Glücksburg, along the castle lake and back to the start. It has to be completed three times.

Nutrition:

During the competition participants will be provided with water, isotonic drinks, coke, energy bars and bananas. After the competition there will be enough drinks and food in the finish area.

Time limit OM113 Glücksburg:

Swimming: 1 hours 10 minutes

Swimming and cycling: 5 hours 30 minutes

Swimming, cycling and running: 8 hours

Closing of the finish line: 5 pm.

Accommodations:**Tourist Information Glücksburg****Phone: +49 (0) 4631 451100****Fax: +49 (0) 4631 451800****E-Mail: touristinfo@gluecksburg.de****www.gluecksburg.de****Tourism agency Flensburg Fjord****Phone: +49 (0) 461-9090920****Fax: +49 (0) 461-9090936****E-mail: info@taff.sh****www.flensburg-tourismus.de****contact address:****OstseeMan sports promotion UG****Holkier 9****D-24960 Glücksburg (Baltic Sea)****Telephone: +49 (0) 46 31 - 6 21 91****Fax: +49 (0) 46 31 - 40 69 43****Email: info@ostseeman.de****Changes and errors excepted. TEAM OstseeMan**